

Protect what matters most

Budget planner



Having financial protection doesn't reduce the odds of something happening to you – but it can make life a lot easier if it does. Use our budget planner to make a note of your monthly income and outgoings, and see how these stack up. Could you and your family survive on just state benefits?

Outgoings	Monthly cost (£)	Outgoings	Monthly cost (£)
Mortgage or rent		Laundry / cleaning	
Council tax		Clothes	
Utility bills – gas		Child costs (including nursery, education, after school care etc)	
Utility bills – electricity		Haircut / beauty / toiletries	
Utility bills – water		Sports / gym / leisure memberships	
Supermarket shop (food, drink etc)		Holidays	
Phone(s) and internet		Takeaways / restaurants	
TV (licence, satellite, cable)		Days out / lunches / coffees	
Car (loan, insurance, tax, fuel, MOT, services)		Going out (pubs, clubs, cinema)	
Other travel (train, cabs and buses)		Gifts (birthdays, weddings)	
Insurance (home, travel, life, pet etc)		Entertainment goods (newspapers, magazines, music, films)	
Pension		Other	
Savings			
Credit cards / loan repayment			
Total monthly outgoings (£)			
Total monthly income (£) Earnings / salary			

How would you survive on £480* a month state benefits?

*This is the maximum monthly amount you'd get for Employment and Support Allowance for a single person aged over 25 in the support group. Please turn over for more information.



What would you be entitled to if you were unable to work?

Employment and Support Allowance

To apply for ESA:

- You have to undergo a comprehensive assessment process to evaluate your entitlement

While this happens:

- You would receive just over £10 a day
- You will be encouraged and supported to move off ESA and back to work as soon as possible
- You could have your ESA benefit reduced or withdrawn altogether if you don't agree to regular reassessments

The more you earn, the more you have to lose

The graph on the right shows how much you could expect to receive in Employment Support Allowance (ESA) compared to your salary.

As you can see, the more you earn, the more you have to lose.

If the worst did happen, many people think they could rely on their savings, their employer or the state, but is it really enough?

LV= don't take into account any state benefits you may be entitled to if you're unable to work. However, payments from Income Protection policies may affect your eligibility to claim some state benefits and the amount you're able to claim.

Please speak to your financial adviser to find out more

	Weekly amount	Equivalent monthly amount* (compare this to your total outgoings)
Employer Statutory Sick Pay (Up to 28 weeks) ¹	£92.05	£398.88
State Employment & Support Allowance (ESA) ²	£110.75	£479.92

¹ This is paid if you're not entitled to NHS sick pay. You may get more than this under the NHS sick pay scheme.

² Based on a single person aged over 25 in the support group.

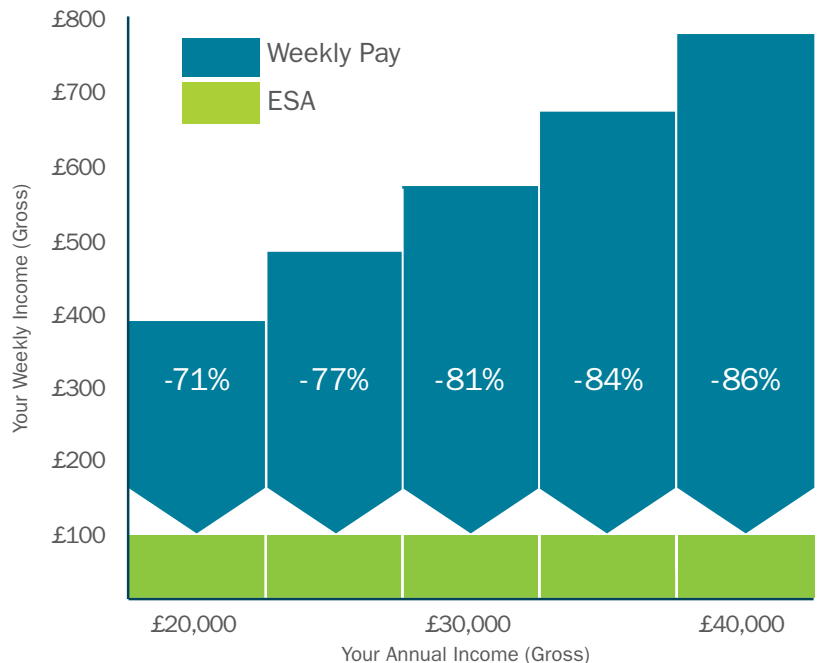
*we've calculated the equivalent monthly amount by multiplying by 52 and then dividing by 12.

If the worst happened to you, would state benefits really be enough for you and your family to survive on? Your employer might still pay you, but how long would that last?

Income Protection insurance could offer peace of mind and security. It allows you to insure some of your earnings or salary, and put simply, works when you can't.

The insurance will pay you a monthly income if you can't work because of an accident or illness. You can use the money to help pay your bills and living expenses until you recover and can return to work. You can spend the money on anything you want, and unlike earnings, it's paid to you tax-free.

These types of policies have no cash in value at any time. If you stop paying your premiums your cover may stop.



You can get this and other documents from us in Braille or large print, or on audio by contacting your financial adviser.



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